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## Explorations 451

# STAR BEINGS INFLUENCE EARTH

By

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MONITOR: We welcome you as Monitor.

GROUP: Good evening, Monitor.

### Multidimensional Universe

MONITOR: In addressing this topic, we begin a new series of discussions intended to improve our understanding of the world in which we live.

In addressing the concept of civilizations from stars, we wish to use a simple metaphor. Earth and humanity at this time may be like a village in a land where members of the village seldom leave it. They remain nearby because the village represents a center of life and community. Yet beyond a range of mountains lies an enormous city that has advanced technology and many wonders in the creative expression of life. And beyond that city lie oceans, and beyond the oceans other great cities and other villages.

The image we wish to convey is that humanity at this time is on the verge of reconnecting with civilizations from other stars that have long been involved in the creation of Earth as a living planet and being. This mingling of beings needs to be better understood. In most respects, the people of this world have a very simplified version of the experience called "reality."

The view may be considered a one-dimensional or two-dimensional view, when there are numberless dimensions of Life. The typical image that a person in this nation has when considering the universe that has been revealed by telescopes is to think of it all as *physical*.

Yet we wish to correct that view by noting that the universe is multidimensional, and that the physical plane of Life is generally the most dense in its conditions and energies. Multiple dimensions lie above it. And in some specific locations, there are even more dense conditions.

### Seven Major Planes of Life

The model presented through the Theosophical Society more than a century ago presents a view of seven major planes of Life. The most advanced and extensive plane

we call the *adic* plane. There, within the framework of 12 Cosmic Identities, Life is highly creative and free in its work of expressing what needs to be expressed within the world of forms.

We note that beyond that *adic* plane lies the Being that is best referred to as the Creator of All. And that being of cosmic proportions is part of an even greater sphere of Life that we shall not discuss.

Within the world of forms, the *adic* plane produces, from the 12 Cosmic Identities and their interactions, a numberless variety of beings who live in different worlds. We use the term “world” in this case to refer to an environment in which those beings live, which is not necessarily anything like a physical planet.

The beings of the *adic* plane create, through multiple creative efforts, beings in the *buddhic* plane. There is such an amazing diversity of beings that we have chosen, in this form of instruction, to refer only to the beings called “Monads.” Monads have a strong presence within the community of Souls who are one specific species that lives within the *causal* plane.

As we begin to discuss Monads and Souls, we enter into a realm that becomes more describable in human terms. Human words will never be adequate to the task of describing the Life experience of Monads and Souls. And here, we deliberately simplify our description to say that Monads create Souls. A Monad in the *buddhic* plane creates Souls in the *causal* plane, and Souls become a center of interest in relating to this planet Earth and humanity.

Souls travel among star systems, moving from planet to planet as they wish, or as they are advised. They experience Life in their own way, which we can barely indicate. They have an amazing capacity for accepting experiences of diverse nature. They have the ability to attune to Cosmic Love, which is infused in every aspect of the world of forms. The source of that Love lies in the Creator of the world of forms.

## Souls

The life of a Soul is of such diversity and scope that we can only provide a brief sketch of its qualities and objectives. Souls operate on the level of star civilizations. Souls are *not* physical. They are made of causal matter that is much more enlightened and refined than a human being can sense. For a person to sense their Soul means that the person, on conscious and subconscious levels, senses an amazing, powerful, and compassionate Presence.

The challenge for humans now lies in preparing to renew contact with what are now called “ETs,” extraterrestrial beings that originate in other star systems. During the confrontation that has occurred between humans and ETs from the onset of Life in planet Earth, Souls have been involved with the creation of this planet and the diverse forms of Life within it.

A Soul animating your personality may have been involved with the creation of the planet. Yet it may travel freely, moving onward to new star systems and planets, and even on occasion returning to where it has invested itself before.

## **ETs Engaged with Earth**

The ETs that are primarily engaged with renewing human contact in this era consist mainly of *mental* beings sustained by Souls. The challenge for humans at this time involves being willing and able to sense the presence of a mental ET, a being incorporated into a mental body, but not a physical body.

Mental ETs who are present for this renewed association are completely benevolent. They are beings capable of expressing Soul intentions. Their expression includes several different species of ETs, and some of them have etheric and/or physical bodies. They represent only a very small percentage of the ETs available and active in Earth.

The presence of *physical* ETs in the Earth occurred only in later stages of Earth's development. The first wave of Souls to enter Earth remained active in mental and astral planes, incorporating into mental and astral bodies. That placement gave them great freedom in changing bodily form and engaging in various dimensions of experience.

The original plan for Souls incorporating in Earth did *not* involve the more dense planes, just mental and astral planes. The astral plane developed as an offshoot of the mental plane and at first was regarded with questioning because it lacked the precision of truth available in the mental and higher planes of Life.

## **Astral Plane**

The astral plane in Earth, however, became an asset when the Spiritual Hierarchy included refugees from the disrupted planet Maldek in this solar system. The entry of a Maldekian Soul, a mental Maldekian, and an astral Maldekian comprising the personality of a Maldekian being, gave new dimensions of possibility for the evolution of the Maldekian personality and caused a blooming of resources within the astral plane of Earth.

Souls have naturally been attracted to Earth because of the polarization of its four lower planes. For Soul, the experience of polarization offers an opportunity for service to the Planetary Being. A Soul thereby gains a valued experience in dealing with and overcoming the experience of energetic polarization.

The development of Earth has taken place over billions of years in physical time. And that unfortunately is your limited reference in recognizing the development of Life within Earth. Beyond the physical plane, even in the etheric plane, a multiplicity of levels of experience is naturally available to beings exploring in those dimensions.

## **Awareness of Higher Dimensions**

As an Outer Self of a personality embodied in the physical plane, you find it challenging to gain awareness of the multiplicity of levels of Life expression that are present all of the time.

On a practical level as Outer Self, you have ability to learn to alter the operation of your mind as it works through the relay centers of your brain and nervous system.

You may learn, through meditation and specific exercises, how to open your awareness of some of the higher dimensions.

When your Soul created your personality, you were exposed to the polarities in the mental plane of Earth. Your *Soul of the Basic Selves* began that process and in the dynamics of development encountered and incorporated the Maldekian personality, gaining the partnership of its *Maldekian Soul*. Thus your personality gained the resources of two Souls.

Then, in the most common pattern of human development, your personality embodied in the etheric and physical planes and gained the Soul of the elemental consciousness created in Earth. That elemental consciousness is regarded as a major resource in the cosmos.

And when your personality, with its three Souls, achieves full spiritual development, the *elemental Soul* and the Body Self of your personality become prized as a major resource for developing positive experiences in other planets. Your personality is designed to move through the human experience and become more than human.

## **Unifying Polarized Energy**

The journey of the human personality involves engagement that energetically locks the personality into resonances of polarized energies in the mental, astral, etheric, and physical planes. That engagement occurs with the complete agreement of Soul. The three Souls of your personality, operating in trinity, are able to effectively work within the energies and different forms of matter of the planet to bring a unifying influence that transforms polarized energies into unified coherent energies, thus helping in the evolution of the Planetary Being.

We are giving you a glimpse of the multidimensional nature of Life. We present certain features that are typically not considered, or even imagined, so that we can introduce into human thought a more realistic approach to living in your environment.

The challenge that each of you faces each day lies in acceptance of your energetic state of awareness. In practical terms, is your awareness as Outer Self unified and coherent? Or is it fragmented and confused?

A typical person feels fragmented and confused most of the time, yet has the ability to receive assistance from the High Self, the guardian angel guiding the growth of the personality. The High Self presents experiences of higher unity and coherence to each person, and not only to the Outer Self but also especially to the Subconscious Selves.

The challenge each day for you involves your desire and commitment to achieve that greater energetic *coherence*, which involves greater alignment of you the Outer Self and your Subconscious Selves with High Self and Soul.

## **Stresses Lead To Awakening**

The next several decades of human experience will encounter repeated stresses and challenges that lead to awakening after awakening, an openness to Life that brings

the presence of Soul into the human personality on levels that have not been previously possible to achieve on a collective level.

Human history is illuminated with the experiences of avatars, messiahs, spiritual teachers, and expressions of Divinity in multiple forms in multiple civilizations. Earth from the beginning was cultivated as a planet of *opportunity*, especially for Souls. And as Souls creatively sought expression in Earth, many pleasant discoveries occurred in the viewpoint of higher beings.

## **Kumaras**

The Spiritual Hierarchy of Earth was formed initially by the Kumaras of Venus, who brought from their advanced spiritual civilization a degree of harmony and discipline to the relatively chaotic consciousness that Souls were able to manifest in the polarized conditions of Earth.

The Kumaras remained as leaders of the Spiritual Hierarchy of Earth until Earth personalities advanced to equivalent levels and attained leadership of the Spiritual Hierarchy. Occasionally, a few Kumaras may return to Earth for specific purposes. Yet they typically do not remain because to them, Earth still presents chaotic energetic experiences.

ETs, in the form of Souls and personalities created in different star systems, have constantly been engaged in the evolution of Earth and humanity. They have a perspective that includes Earth *before* humanity appeared in its present form. They view humanity as a significant phase of Earth's development. As humans become more than human, they advance the expression of Life and harmony within Earth, and humanity as you know it now in physical terms will ultimately no longer be needed.

Earth School serves a viable purpose. But when its students advance beyond its capabilities, the physical plane of life in Earth will return to the etheric plane of Life. That is known already on the part of advanced individuals when they achieve ascension and no longer need a physical body.

## **Interactions with ET Civilizations**

As Earth evolves, it becomes more deeply engaged in interactions and exchanges with what you may first call ET civilizations. Yet we remind you that the physical ET civilizations represent only a small percentage of all civilizations. The cosmic physical plane has sub-planes of energy and matter that host Life forms and civilizations.

For the past 25,000 years, the most dense level of human embodiment has been gradually ascending in vibratory quality and coherence to higher levels. In this era, it is quite possible that within 50 to 100 years humanity will be able to ascend to an even higher sub-plane. Each advancement of the level of manifestation produces new opportunities for growth and service and the expression of Love.

The concept of Love now needs emphasis because it represents the basis for developing *trust* not only among physical human beings, but also linking humans with ET species. The challenge lies in overcoming the limiting effects of illusion and glamour. That challenge confronts each person.

## **ET Ambassador Program**

The ET Ambassador program that we promote provides an educational opportunity for ETs, engaged on a mental level, to better understand the range and cycles of experience that a human being undergoes in dealing with illusion and glamour and eventually creating freedom from illusion and glamour. That experience is one of the most challenging aspects presented to the ET Ambassadors who generously advance their services as volunteers to assist humanity and the planet.

In this era, the challenge also exists of the human Outer Self and Subconscious Selves seeking to avoid accepting their own Divinity by giving their power away to someone who appears to be more than human. And here we speak of the cycle of the one in the role of anti-Christ.

A person expressing the Christ Imperative seeks to serve the Law of Love and uses power only with the motive of Love. A person who has not achieved that level of trust and commitment makes mistakes in the use of power and complicates experiences of Love and perpetuates a level of confusion among human beings. That confusion makes it difficult to ET ambassadors to relate with humans.

The ambassadors must undergo such unpleasant vibratory experiences in their contact with humans that they have to overcome their reactions of repulsion. They would prefer to be elsewhere than in the human presence. The level of suffering and pain within collective humanity also seems oppressive to the ET ambassadors.

Their service is a true act of sacrifice. They are committed, and have been committed throughout Earth's history, to bringing Earth consciousness to a higher level that is possible beyond polarity.

## **Greater Beings**

We ask you recognize the role of the Spiritual Hierarchy of Earth in connecting with the Spiritual Hierarchy of the solar system, and that of the other planets in this solar system. All of the planetary Spiritual Hierarchies relate directly with the Solar Deity that is a universal or cosmic Presence of Being that guides the development of this solar system.

This solar system is part of a greater Being that comprises many different stars and their solar systems. It also includes other dimensions that do not include globe-shaped worlds like Earth. The engagement of the highest beings with the lowest beings represents an expression of ultimate compassion.

## **Star Civilizations**

We shall briefly indicate some of the major contributions of different star civilizations to Earth. As the Solar Deity initiated the expansion of Life within Earth, it attracted advanced star civilizations from different sectors of the universe. This was an act of service and completely creative, as opposed to a controlled typical human enterprise.

We find it difficult to convey the concept of *freedom* that occurs with higher beings. Humans tend to think that the other beings are like *them*. And in view of the star systems involved with Earth's evolution, that has sometimes been true, yet most of the time lacks validity. In this era, humans need to learn how to relate to the essence of ETs and overcome their shock at encountering ET differences, which is now played out in the challenges of race and ethnic relationships among humans.

## **Pleiadeans**

Beings from the Pleiades, Arcturus, and Ara, as three recognized stars and constellations in the night sky, were engaged with the development of Earth in its initial stages, including the development of civilizations in Earth in the first and second waves of Souls. We shall focus on the second wave, when Maldekian beings were incorporated into Earth's plan for spiritual evolution.

Pleiadeans have such flexible and pleasant capabilities that they established training centers or colonies in the mental plane of Earth. They helped in the initial expression of human beings and continue to function in that capacity. Most of the Souls entering Earth since that development have been trained in Pleiadean centers in the mental plane. That common training has assisted personalities in achieving a more stable and coherent energetic presence in the polarized energies of Earth.

## **Arcturians**

The beings from Arcturus played a role in coordinating the development of multiple forms of Life in Earth. They remain engaged and can be contacted by persons of adequate intention and awareness. They operate completely on a mental level and continuously work to serve the varied kingdoms of Life in Earth, including elemental and devic kingdoms as well as the angelic kingdom.

Those dynamic beings are engaged in multiple avenues of service and are evolving in ways parallel to the evolution of humanity in developing service to the Planetary Being.

## **Beings from Ara**

Beings from Ara are involved with the manifestation of universal laws and developing the capabilities of Life forms to achieve harmony with intentions that resonate with the universal laws. Beings from Ara are seldom seen or heard. Yet they play a subtle role in promoting, through the Spiritual Hierarchy, certain energetic shifts within the varied planes of the planet.

They refine and take advantage of energetic changes, especially those involving polarized energies. Their guidance has proven of great value because of what they have been able to promote in achieving certain energetic refinements within the four lower planes of Earth. Those refinements now provide greater opportunity for the integrative resolution of those polarities. They contribute in the present era to a greater sense of stability in the firmament of Life.

## **Beings from Orion**

Other ET species have been involved with Earth, some presenting challenges. A mixture of beings from the constellation of Orion have played roles that have produced, in earlier eras of history, challenges that are not commonly recorded in ancient systems of recordkeeping.

Orion beings presented a set of experiments in achieving group consciousness within the polarized mental plane and developed refined telepathic methods to work collectively first in the etheric plane of Earth, and then in the physical plane. Their accomplishments, however, led to difficulties between their organized groups and other species. They became destructive during a period of time in which the Spiritual Hierarchy observed and eventually limited their participation in Earth.

Thousands of Orion Souls involved in that unknown phase of Earth's history have sought to return to Earth to complete their karmic learning cycle, which means that they become beings of high sensitivity, yet with a very selfish focus, one that is unusual for human beings to contemplate.

Their selfishness relates to their adherence to their group. They use their group consciousness to satisfy the needs and desires of their group. Their development parallels that of the human personality where the Outer Self and Subconscious Selves need to evolve beyond selfishness into the expression of intentions of universal benefit. The Spiritual Hierarchy will return those beings from Orion to Earth to complete those cycles in perhaps 100 or more years of your future.

Positive beings from another star system within the Orion constellation have aided Earth in its development in creating specific forms of spiritual instruction that cultivated the human personality. Signs of those beings are found especially in the ancient ruins of Egypt. The design of the Great Pyramid reveals a relationship to those positive beings from Orion.

## **Reptilians**

Because of humanity's challenges in dealing with polarized energy, especially in mental and astral bodies, the Spiritual Hierarchy allowed the engagement of a reptilian species that is able to manifest in etheric or physical bodies, yet prefer etheric expression. Their plan of growth at times has collided with human plans, and an adversarial relationship was established that is today not totally resolved.

Those reptilian and reptoid beings must at some point be approached by humanity acting in an enlightened state. Resolution of their points of conflict with humanity may be achieved by building relationships for mutual support. At present, that relationship remains partially adversarial.

## **Beings from Tau Ceti**

Beings from three star systems in the constellation of Tau Ceti have long been engaged with the Earth. Their engagement began with the first wave of Souls entering Earth. They are primarily mental beings with some variations among their species.

They are shape-shifters and in the past have played with human beings of greater sensitivity.

Their approach to life is quite devic. Yet they have a potential of developing angelic qualities. And that is part of their engagement in Earth. At present, most of the Tau Ceti beings tend to relate more closely with devic and elemental kingdoms of life. They have responded to limitations established by the Spiritual Hierarchy when they have caused considerable confusion for humans, especially human leaders. Thus their presence in contact with humanity is limited at this time, yet still active.

### **Many other ET Species**

We could address other species. And we note that through persons who have had genuine ET contact, other species have been allowed by the Spiritual Hierarchy to engage with people mainly on individual or small group levels. A number of people have developed service as channels for different ET species. The Pleiadeans have been perhaps the most vocal and helpful.

Nordics are engaged with Earth because they are part of the genetic development of physical human beings. Other species involve the Grays from Zeta Reticuli, who are mainly activated as clones. The leaders of the Grays are not clones, but part of ancient lines of development.

The beings that appear like praying mantises are here from a star system in the constellation of Sagittarius. Their purposes are benevolent, yet their appearance in physical form, which they assume from time to time, is quite frightening to humans. The ETs of higher capability are sponsored by Souls that collaborate with the Souls that sponsor humans and other parallel species of Earth.

### **Fears Are Strictly Human Creations**

We give you an indication of the diversity of ET civilizations and their representatives to Earth. All ETs are present within the authority of the Spiritual Hierarchy of Earth and of this Solar System.

When you begin to recognize the quality of consciousness of these beings from other stars, and you recognize their interplay with the Souls that manifest your personalities, you begin to recognize that your fears of being controlled, exploited, and even tortured by beings from other planets are strictly human creations.

### **Secret Space Programs**

The Spiritual Hierarchy works on collaborative levels with all star systems that are engaged in Earth. And for the past 60 years, Earth's secret space programs have utilized ET technology to create their own space forces. They are actively engaged in interplanetary trade. The economic experts of Earth will be shocked when they learn of the extent of that trade. Earth's economists falsely believe that the economy is a world economy, when it has already shifted into an interplanetary economy.

We introduce that level of consideration because in the next ten to thirty years or more humanity will open to direct contact with ET civilizations on authorized levels, authorized by the Spiritual Hierarchy of Earth, not the leaders of national governments. That significant change will cause definite disruptions among people who are too fearful and rigid to accept such a change. Yet in our view, most of the human population will quickly adapt to that situation because it brings significant freedoms to the people of varied nations.

The control of the wealthy few and the control of the Nazi International will vanish in the years ahead, and that will usher into Earth a period of adequate prosperity and the implementation of different political and economic systems that bring about greater equality of opportunity for people throughout the Earth. We see the formation of a world federation of peoples replacing the present designed system of control by the few of the many.

We realize we have talked long this evening, yet that was our intention from the beginning. We are now ready to respond to your questions.

### **Freedom as Motivation**

KEITH: I assume that the purpose in the conversation is to open an awareness of intuition. If one were successful in making contact with an ET ambassador, does physical life change in some way?

MONITOR: It can, yet it depends upon the choices of the individual.

The present political and economic organization of the planet is full of inequities, yet it does produce motivation for advancement, especially for those feeling trapped or imprisoned and who seek greater freedom.

The achievement of freedom by each individual becomes more intense as a motivation. A person must free themselves from illusion and glimmers. As they accomplish that task, bit by bit, they experience greater freedom in which they may attune to Soul.

### **Numberless Star Civilizations**

PATRICE: Monitor, this is a question from Debra. "In terms of star civilizations, how many are there? And what is the proportion of spiritually-advanced and benevolent versus not advanced or not benevolent?"

MONITOR: As a brief answer we shall say that star civilizations are numberless. And they, for the most part, are spiritually advanced in comparison to the condition of humanity in Earth. A very small percentage would be equivalent to Earth's level of development.

*(Pause)*

MONITOR: Questions?

*(Pause)*

## **Experiential Exercise**

MONITOR: We shall conclude. We ask you now to join with us in an experiential exercise.

We ask you to uncross arms and legs, close your eyes, and breathe more deeply.

xxxAs you breathe, Love shines from your heart in all directions. As it flows through your back, a Great Being multiplies Love, sends it to your High Self over your head, and your High Self returns it to the heart chakra, creating the smaller triangle. Feel its circulation.

Your High Self now extends the flow of Love through your heart chakra to the root chakra at the base of your spine. From there it flows to the Great Being, who multiplies Love, who sends it to your High Self, who returns it to the root chakra, creating the larger triangle. Feel its circulation.

And now your High Self adds to the flow of Love the White Light of the Christ. Now Christed Love flows through the two triangles. Feel its upliftment.

And now your High Self adds the Christ Force to the flow of Love. Feel its power.

Your High Self now directs the flow of Christed Love and Christ Force to a disciple of its choosing. The disciple receives that flow and returns it to your root chakra. And you experience the third triangle.

Your High Self now directs the flow of Christed Love and Christ Force through the disciple to the beings of exaltation throughout the planet. Those beings express the ever-present desire to be one. They contribute a powerful unifying force throughout the consciousness of the planet.

The disciple now disconnects the flow to your root chakra.

Your High Self now allows for this group to link with other groups of similar purpose.

And as all the groups unite in their expression, we ask you now to mentally give thanks to the Creator of all, to the disciple, and to all who help. And when you are ready, you may slowly open your eyes and remain in the Presence of Christed Love and Christ Force.

### ***Person Human Connection with ETs***

We thank you for your participation. We ask you to note that in two months' time, we will address the topic of *Personal Human Connection with ETs*.

We bless each one and we leave you now.